

Little Book of Positivi-tea



Keep calm and pop the kettle on

A Cup of Positivi-tea



USE TEA-TIME TO HELP
INSTILL A ROUTINE
INTO YOUR DAY



ENJOY A CUPPA OVER
THE PHONE WITH
FRIENDS & FAMILY



BAKE YOUR FAVOURITE
CAKE OR BISCUIT TO
ACCOMPANY YOUR TEA



SIT IN THE SPRING
SUNSHINE WITH
YOUR BREW



THINK OF HAPPY
MEMORIES FOR 5 MINS
WITH CUPPA IN HAND



LOOK FORWARD TO AN
AFTERNOON TEA WITH
FRIENDS AND FAMILY

Now, relax and pour yourself a cup of positivity-tea



More Positivi-tea

TEA
a hug in a cup



5 o'clock
Is tea o'clock

HAVE
tea
and
LET IT BE.

all
I
need
is
tea



where
there
is
tea

there
is
love

Tea Wordsearch

Put the kettle on and complete a puzzle

W	V	Y	S	V	H	S	S	C	N
T	E	A	K	E	H	T	E	E	O
C	U	R	D	F	I	M	K	L	O
U	I	H	B	U	N	N	A	E	N
P	L	M	C	R	A	I	C	B	R
P	O	S	X	A	L	E	R	R	E
A	I	T	M	T	F	R	C	A	T
B	S	L	V	O	L	C	X	T	F
L	A	U	G	H	T	E	R	I	A
C	X	S	K	D	M	E	Y	O	K
L	Q	Z	R	E	M	R	S	N	X
Y	T	I	V	I	T	I	S	O	P
M	N	M	V	T	M	T	K	U	D
K	O	B	V	H	U	P	L	S	Q
T	T	X	M	H	G	B	L	E	R

AFTERNOON
BISCUITS
BREW
CAKE
CALM

CELEBRATION
CUPPA
DRINK
KETTLE
LAUGHTER

MUG
POSITIVITY
POT
RELAX
TEA



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